

ITO Cup Nordic Combined 2019

Sapporo

DATE	ITO Cup Nordic Combined 2019 Competition Schedule	
Monday, 11 March	08:45 10:00 13:00~16:00	Team Captains' Meeting at Miyanomori Jumping Hill Official Training HS100 (PCR) Training (Cross-Country)
Tuesday, 12 March	09:00 10:00 13:30 After the Competition	Trial Round HS100 Ind.Gundersen HS100 (Ladies, Men) Ind.Gundersen Cross-Country 5km (ladies) Ind.Gundersen Cross-Country 10km (Men) Award ceremony on site