

Contact information

Organiser contact information	
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Address	Heddal IL, v/ Geir Olaf Oterholt, Notodden, 3671 Notodden, Notodden
Website	http://www.heddalhopp.no

Offices and their opening hours		Officials	
Race office	18.00-20.00 Ski Jumping Hill(Wednesday)	FIS Technical Delegate	Alexander Diess (AUT) Samo Gostisa (SLO)
OC Office	18.00-20.00 Ski Jumping Hill(Wednesday)	Chief of Competition	Haakon Hartvedt (NOR) +4791691354 haakonhartvedt@gmail.com
Race office	16.00-22.00 Ski Jumping Hill (Thursday)	Accommodation	Geir Olaf Oterholt (NOR) +4790901015 geir@bluesfest.no
OC Office	16.00-22.00 Ski Jumping Hill(Thursday)	Transportation	Geir Olaf Oterholt (NOR) +4790901015 geir@bluesfest.no
Race office	10.00-21.00 Ski Jumping Hill(Friday)	Finances	Ivar Kvernstuen +4795703271 ivar.kvernstuen@nenett.no
OC Office	10.00-21.00 Ski Jumping Hill(Friday)		
Race office	09.00-15.00 Ski Jumping Hill(Saturday)		
OC Office	09.00-15.00 Ski Jumping Hill(Saturday)		

Event schedule

Event schedule (LOC times)			
17.12.2021	Event	Location	Races
08:30	Team Captains' Meeting	Notodden Hotel	17 Dec - FC Men's NH 18 Dec - FC Men's NH 17 Dec - COC Women's NH 18 Dec - COC Women's NH
11:30	Start Trial Round	Ski Jumping Hill	17 Dec - FC Men's NH
12:40	Competition start	Ski Jumping JHill	17 Dec - FC Men's NH
16:00	Training	Ski Jumping Hill(Official Training)	17 Dec - COC Women's NH
17:00	Start Trial Round	Ski Jumping Hill	17 Dec - COC Women's NH
18:00	Competition start	Ski Jumping Hill	17 Dec - COC Women's NH
18.12.2021	Event	Location	Races
10:00	Start Trial Round	Ski Jumping Hill	18 Dec - COC Women's NH
10:45	Competition start	Ski Jumping Hill	18 Dec - COC Women's NH
12:45	Start Trial Round	Ski Jumping Hill	18 Dec - FC Men's NH

14:00 Competition start

Ski Jumping Hill

18 Dec - FC Men's NH

VENUE

Tveitanbakken Ski Jumping Hill in Notodden

<https://www.heddalhopp.no/hvor-ligger-tveitanbakken/>

INFORMATION OFFICE

The Information office is located in the Hill

Opening hours:

Wednesday 15 December 18:00 - 20:00

Thursday 16 December 16:00 - 22:00

Friday 17 December 10:00 – 21:00

Saturday 18 December 09:00 – 15:00

RACE OFFICE:

The race office is located in the Ski Jumping Hill.

BIBS:

Bibs for official training and the ski jumping competitions will be distributed one hour before the competition in the Race Office.

WAXING FACILITIES:

You will find waxing cabins close to the Ski Jumping Hill - according to FIS rules.

Entry Form:

Each Ski Association registrer intries on FIS Website

Closing time for entries:

Deadline for the entry is December 3rd . For entries arriving later than the deadline, the organizing committee cannot guarantee smooth travel and accommodation arrangements.

Competition rules:

The FIS rules will apply. The number of participants must comply with official FIS competition rules and regulations.

Insurance:

All competitors are to be insured by their own Ski Association and must have signed the Athletes Declaration. The Organizers have coverage for their own third party liability only. The Organizers will ask for Insurance documents and allow their right to keep the jumpers out of competition if they do not seem to be insured.

Team Captain' Meeting Room:

COC Women:

Notodden Hotell

FIS Men:

Notodden Hotell



Accommodation:

All booking according to COC Women will be arranged by the Organizing Committee. The women will stay at Notodden Hotell. Teams arrival Thursday 16 dec. 2021

FIS jumpers Men must book their own accommodation and arrange their transportation. See www.bohotell.no . FIS Men book via online booking, and write **"HEDDAL BOOKING" in the note**. Then the hotel changes the price to the agreed price with Heddal IL in their system, and then everyone pay on departure.

Payment of expenses:

The Organising Committee will cover the accommodation expenses for COC Women competitors and the foreign TD and judges according to the FIS COCJ rule 6.1.

(The quota is 4 competitors and 1 coach)

Transportation for COC Women:

Train transfer from Oslo Airport Gardermoen to Kongsberg, and bus from Kongsberg to Notodden. Return with bus to Kongsberg, and Train to Oslo Airport Gardermoen. Bus will be provided by the Organizing Committee.

Transport cost:

Price per person for Train and Bus transport organized of the OC from Oslo Airport to the hotel in Notodden and return is: NOK 500 / 50 Euro

The costs for transport must be paid to the OC in the OC Finance Office at the race office in the hill during the weekend.

Regarding transportation from the hotel to the jumping arena, the delegates will be informed at the hotel on Thursday and Friday evening. This is for COC Women.

Doping control:

Doping control during the event may be carried out by our national antidoping organization. According to regulations, all participants shall be under an obligation to submit themselves to doping control.

Cancellation:

The decision concerning cancellation will be taken according to FIS rules. You can read about the decision on our website; www.heddalhopp.no

Prize-money COC W and FC M:

– divided by the first 6 athletes NSAs are responsible for entering the personal bank information for each athlete using the Athlete Registration module in the FIS Member Section

COVID 19

Entry to Norway requires a EU/EEA approved Covid certificate (vaccinated or previously



infected) or arrival from a country/area with low infection rates defined by the Norwegian authorities.

All other persons will be assigned a test slot and are subject to quarantine according to the Norwegian requirements at the date of the event. For the moment this demands antigen test every day for the first three days and then a PCR minimum 72 hours upon arrival.

For the first three days in Norway these persons also have to stay in single rooms and are subject to quarantine at all times except during training, competitions and other parts of the official program.

Price for testing:

Antigen test at the arrival airport/border is for free.

For testing at the hotel: Antigen test: 50 Euros

PCR test before departure: 80 Euros (need to be booked in advance)

Race programme / schedule

17-18 December 2021 COC W & FC M

TVEITANBAKKEN

Thursday 16 December

• Arrival of teams

• 16:00 – 20:00 Test station Notodden Hotell/Djerv medic

Friday 17 December

• 08:00 Covid 19 Test station Notodden Hotell/Djerv medic

08:00 – 09:00 Test station in the hill /Djerv medic for crew and other that need it.

• 08:30 Team Captains' Meeting COC W/ FIS M at Notodden hotell

• 09:50 FIS Meeting Tveitanbakken

Suit controll 09:30-10:30

• 09:30 Team's arrival at hill Men(FIS M)

• 10:35 Start Trial Jumpers(2 on top at all time)

• 10:45 Official Training MEN (1 round)

(Finished about 11:18)

• 10:25 Start Trial Jumpers(2 on top at all time)

• 11:30 Trial Round FC Men (Finished about 12:02)

• 12:35 Start Trial Jumpers(5) and 2 on top at all time

• 12:40 1st Competition Round FC Men(Finished about 13:12)

• After 10 minutes Trial jumpers and 2 on top at all time (start ca 13:22)

• After 20 minutes Final Round

(start ca.13:30- finished ca13:53) (30 athletes)

Prize giving ceremony immediately after each competition (ca.14:15)



14:00- 15:00 Test station in the hill /Djerv medic for crew and other that need it.

- 15:00 Team's arrival at hill women
 - 15:50 Start Trial Jumpers (keep two on top)
 - 16:00 Official Training COC women (1 round)i (finished about 16:30)
 - 16:55 Start Test Jumpers(5) and 5 on top at all time
 - 17:00 Trial Round COC women (Finished about 17:30)
 - 17:55 Start Test Jumpers(5) and 2 on top at all time
 - 18:00 1st Competition Round COC women
(Finished about 18:30)
 - After 15minutes Trial jumpers(5) and 2 on top at all time
(start ca 18:45)
 - After 20 minutes Final Round
(start ca 18:50 finished about 19:13)
 - Prize giving ceremony immediately after each competition
(ca 19:30)
- 30 min after the last jumper, technical meeting/evaluating
(Ca 20:00)

Saturday 18 December

- 08:00 Test station Notodden Hotell/Djerv medic
- 08:00-09:00Test station in the hill /Djerv medic for crew and other that need it.
- 08:30 Technical meeting in Tveitanbakken
- 08:45 FIS meeting if needed
- 09:50 Start Trial Jumpers (2 on top at all time)
- 10.00 Trial Round COC women
- 10:40 Start Test Jumpers (5) and 2 on top at all time
- 10.45 1st Competition Round COC women (finished about 11:15) 38 athletes
- After 20 minutes Trial jumpers(start ca 11:25) 2 on top at all time
- After 20 minutes Final Round (start ca 11:35) 30 athletes
Finished about 12:00
- Prize giving ceremony immediately after competition (ca12:15)
- 12:40 Start Trial Jumpers(5) and 2 on top at all time
- 12:45 Trial Round FC Men
(Finished about 13:18)
- 13:55 Start Trial Jumpers(5) and 2 on top at all time
- 14:00 1st Competition Round FC Men
(Finished about 14:33)
- After 10 minutes Trial jumpers(5) and 2 on top at all time



• After 20 minutes Final Round (ca.14:53)(30 athletes)

(Finished about 15:25)

Prize giving ceremony immediately after each competition (ca.15:45)

20 min after the last jumper, Technical meeting/evaluating every day

Technical meetings for preparation and evaluation of the day.

Present at the meeting is:

- Olav Forberg
- Haakon Hartvedt
- Other with interest

17-18 Des 2021

MEDICAL INFORMATION

Covid – 19 – guidelines for the COC and FIS Cup event in Notodden 17th and 18th of December 2021

Main focus is kept distance and use face mask at all times.

It is established test-station at Notodden Hotell where everyone can make an Antigen quick-test.

Test station has following opening hours:

- Thursday 16th of December – from 16.00 – until 20.00
- Friday 17th of December – from 08.00 – 09.00
- Saturday 18th of December – from 08.00 – 09.00

In addition, it will be established a test-station in the hill with the following opening hours:

- Friday 16th of December – from 08.00 – 09.00
- Friday 16th of December – from 14.00 – 15.00

Persons subject to quarantine (athletes and staff arriving to Norway without an EU/EEA approved Covid certificate), are obliged to take an antigen test daily.

Is there any injury or illness, the medical personnel will order AMK and ordering additional ambulances for these patients that should continue to local or Central-Hospital,

Ambulance and medics personnel don't must travel from the ski jumping hill and stop Scheduled jumping. (This will only occur with rapid processing of patient to hospital)

If someone falls or being injured in hill, training or competition will be stopped at once, and will not start again before medical personnel is back in hill.

All medical personnel will get coursed in taking off bindings and other equipment before ski-jumping start.

The Hospital is informed that it is Ski-jumping competition in Tveitanbakken Friday and Saturday.

If you need further information about medical care, contact leader organizing committee Olav Forberg Phone: +47 40405710

We look forward cooperation with you.