

2023

PARA NORDIC SKIING  
WORLD  
CHAMPIONSHIPS

ÖSTERSUND



# TEAM INFORMATION

## Para Nordic Skiing World Championships

Östersund, Sweden | 21-29 January 2023



2023

# Welcome to Östersund, Sweden

The Swedish Paralympic Committee and the Swedish Parasport federation would like to welcome you all, with a lot of pride and warmth, to the Para Nordic Skiing World Championships 2023, to Sweden and to Östersund.

A special welcome to the athletes and team officials from the participating countries, but also to the Federation of International Skiing (FIS) and International Biathlon Union (IBU).

For the first time in the Paralympic movement, The Swedish Paralympic Committee and the Swedish Parasport federation, will arrange these games together with FIS and IBU and we feel proud of being one of the first country out to do this.

Östersund Ski Stadium is the Swedish National Biathlon Arena but also a fantastic arena for Nordic skiing and we are proud that we together with the municipality of Östersund will be able to host this Championship in this beautiful part of our country.

We are here to serve you and we want to do our best to arrange an awesome event that you will be able to look back to with joy and remember for a long time.

Finally, we look forward to an exciting World Championship, with impressive sporting achievements, a great atmosphere in the stands and a lot of fun.

So once again a big welcome, let the games begin!



**Åsa Llinares Norlin**

President Swedish Parasport Federation and Swedish Paralympic Committee



Sparbanksstiftelsen  
Jämtlands Län

# Official functions & contact details

All functions are located at Östersund Ski Stadium

<b>Event Director</b>	Niclas Grön	<a href="mailto:niclas.gron@parasport.se">niclas.gron@parasport.se</a> +46 (0)70 - 321 19 27
<b>Assistant Event Director</b>	Linnéa Björndahl	<a href="mailto:linnea.bjorndahl@parasport.se">linnea.bjorndahl@parasport.se</a> +46 (0)72 - 504 32 02
<b>Chief of competition</b>	Tommie Jirhed	<a href="mailto:tommie.jirhed@parasport.se">tommie.jirhed@parasport.se</a> +46 (0)70 - 372 52 68
<b>FIS TD</b>	Marita Kaipainen, FIN	<a href="mailto:marita.kaipainen@windowslive.com">marita.kaipainen@windowslive.com</a> +358 50 570 77 78
<b>FIS TD Assistant Biathlon</b>	Ingela Kälvedal, SWE	<a href="mailto:ingelakalvedal@hotmail.com">ingelakalvedal@hotmail.com</a> +46 (0)70 525 81 79
<b>FIS Assistant TD Cross-Country</b>	Alexandr Velechshuk, GER	<a href="mailto:alexvels@yandex.ru">alexvels@yandex.ru</a> +49 15 25 548 63 22
<b>Jury Member</b>	Sebastian Scholz, AUT	<a href="mailto:s.scholz@ramsau.at">s.scholz@ramsau.at</a>
<b>FIS RD</b>	Georg Zipfel, GER	<a href="mailto:zipfel@fisski.com">zipfel@fisski.com</a> +49 1511 505 30 89
<b>FIS BT IR</b>	Rob Schnider, CAN	<a href="mailto:rschnider1@gmail.com">rschnider1@gmail.com</a> +1 250 713 19
<b>Rescue / Medical Service</b>	Eventsjukvård Jämtland	<a href="mailto:info@eventsjukvardjamtland.se">info@eventsjukvardjamtland.se</a> +46 (0)76 79 72 216
<b>Security</b>	Veronica Westberg	<a href="mailto:veronica@veronicare.se">veronica@veronicare.se</a> + 46 (0)73 080 55 50
<b>Chief of Communication</b>	Jessica Bollnert	<a href="mailto:jessica.bollnert@parasport.se">jessica.bollnert@parasport.se</a> +46 (0)70 264 75 58
<b>Team Captain's Meetings</b>		20th Jan Team & Media Centre All other TCMs digital
<b>Official Notice Board Location</b>	Östersund Ski Stadium Race Office (first floor)	<a href="http://www.winterparasport.com">www.winterparasport.com</a>

# Offices - opening hours and contact details

All functions are located at Östersund Ski Stadium

<b>Official Webpage</b>	<a href="http://www.winterparasport.com">www.winterparasport.com</a>	Please refer to the webpage frequently for updated news.
<b>Official contact details</b>	<a href="mailto:winterparasport@gmail.com">winterparasport@gmail.com</a>	+46 (0)72 - 277 42 95 (Race Office)

## RACE OFFICE (1st floor of the Race Office building)

	<b>OPENING HOURS</b>	<b>09.00 - 17.00 or due to schedule</b>
	Ing-Marie Jirhed	<a href="mailto:winterparasport@gmail.com">winterparasport@gmail.com</a> +46 (0)72 - 277 42 95

## INFO POINT (ground floor of the Race Office building)

	<b>OPENING HOURS</b>	<b>08.00 - 17.00 or due to schedule</b>
<b>General team information</b>	Charlotta von Malmborg	<a href="mailto:winterparasport@gmail.com">winterparasport@gmail.com</a> +46 (0)76 765 69 66
<b>Accreditation</b>	Evelina Holmberg	<a href="mailto:evelina.holmberg@parasport.se">evelina.holmberg@parasport.se</a> +46 (0)70 - 376 90 12
<b>Transportation</b>	Maria Lönnborg	<a href="mailto:maria.lonnborg@parasport.se">maria.lonnborg@parasport.se</a> +46 (0)72 - 277 42 91
<b>Accommodation</b>	Jessica Thylin	<a href="mailto:jessica.thylin@destinationostersund.se">jessica.thylin@destinationostersund.se</a> +46 (0)70 - 203 01 66
<b>Finance (16-20 January)</b>	Susanne Möllberg	<a href="mailto:susanne.mollberg@parasport.se">susanne.mollberg@parasport.se</a> +46 (0)72 - 734 62 63

## MEALS

<b>SKI STADIUM</b> (2nd floor of the Team Area building)	<b>LUNCH</b> 17-29 Jan 11.00 - 14.00	<b>DINNER</b> 20 Jan (Opening Ceremony) 17.00 - 19.00
<b>HOTELS</b>	<b>LUNCH</b> N.A.	<b>DINNER</b> 16-29 Jan (except Opening Ceremony) 17.30 - 20.00

# Competition program - 16-30 January 2023

<b>Monday 16-17 January</b>	<b>Arrival day</b>
<b>Wednesday 18 January</b>	<b>Cross-Country Skiing / Biathlon Open Course, 10.00 - 14.00</b>
<b>Thursday 19 January</b>	<b>Cross-Country Skiing Open Course, 10.00 - 15.00 Unofficial BT training, 10.00 - 15.00 Team information meeting 15.30-16.30</b>
<b>Friday 20 January</b>	<b>Unofficial Cross-Country Skiing training, 10.00 - 12.00 Official Biathlon training, 12.00 - 15.45 Opening Ceremony, 19.30 Team Captains meeting BT Sprint (time and place TBC)</b>
<b>Saturday 21 January</b>	<b>Biathlon 7.5 km Sprint Sitting Men/Women 12.00 - 12.50 Standing Men/Women, 13.20 - 14.15 VI Men/Women, 14.45 - 15.45 Team Captains Meeting CC 18km (time and place TBC)</b>
<b>Sunday 22 January</b>	<b>Cross-Country Skiing 18 km Individual Start Classic Sitting Men/Women, 09.30 - 11.25 Standing/VI Men, 12.00 -13.30 Standing/VI Women, 14.00 - 15.35</b>
<b>Monday 23 January</b>	<b>Official training Cross-Country Sprint, 12.30 - 14.30 Team Captains Meeting CC Sprint (time and place TBC)</b>
<b>Tuesday 24 January</b>	<b>Cross-Country Skiing Sprint free Qualifying Men/Women, 12.30 - 14.20 Semi &amp; final Men/Women, 15.35 - 17.30 Team Captains Meeting BT 10km (time and place TBC)</b>
<b>Wednesday 25 January</b>	<b>Biathlon 10 km Individual Start (penalty loop) Sitting Men/Women, 10.00 - 11.30 VI Men/Women, 12.00 - 13.20 Standing Men/Women, 13.50 - 15.00</b>

<b>Thursday 26 January</b>	<b>Official Biathlon training 10.00 - 14.00</b> <b>Team Captains Meeting BT 12.5km (time and place TBC)</b>
<b>Friday 27 January</b>	<b>Biathlon 12.5 km Individual Start (penalty time)</b> <b>Sitting Men/Women, 10.00 - 11.30</b> <b>Standing Men/Women, 12.00 - 13.20</b> <b>VI Men/Women, 14.00 - 15.20</b> <b>Team Captains Meeting CC 10km (time and place TBC)</b>
<b>Saturday 28 January</b>	<b>Cross-Country Skiing 10 km Individual Start Free</b> <b>Standing/VI Women, 12.00 - 13.00</b> <b>Standing/VI Men, 13.30 - 14.30</b> <b>Sitting Men/Women, 15.00 - 16.05</b> <b>Team Captains Meeting Relays (time and place TBC)</b>
<b>Sunday 29 January</b>	<b>Cross- Country Skiing Mixed &amp; Open Relay 4 x 2.5km</b> <b>Mixed Relay, 10.00 - 10.40</b> <b>Open Relay, 12.00 - 12.35</b>
<b>Monday 30 January</b>	<b>Departure day</b>

*Changes to the program can be made by the LOC.*

## Competition venue

The city of Östersund continues to make many upgrades at the ski stadium, where more than 89 kilometers of world class biathlon and cross-country racing tracks runs at an average elevation. One of the latest upgrades consists of a new solution concerning the competition tracks for sit skiers. Östersund Ski Stadium is the Swedish National Biathlon Arena.

### *Facilities and wax cabins*

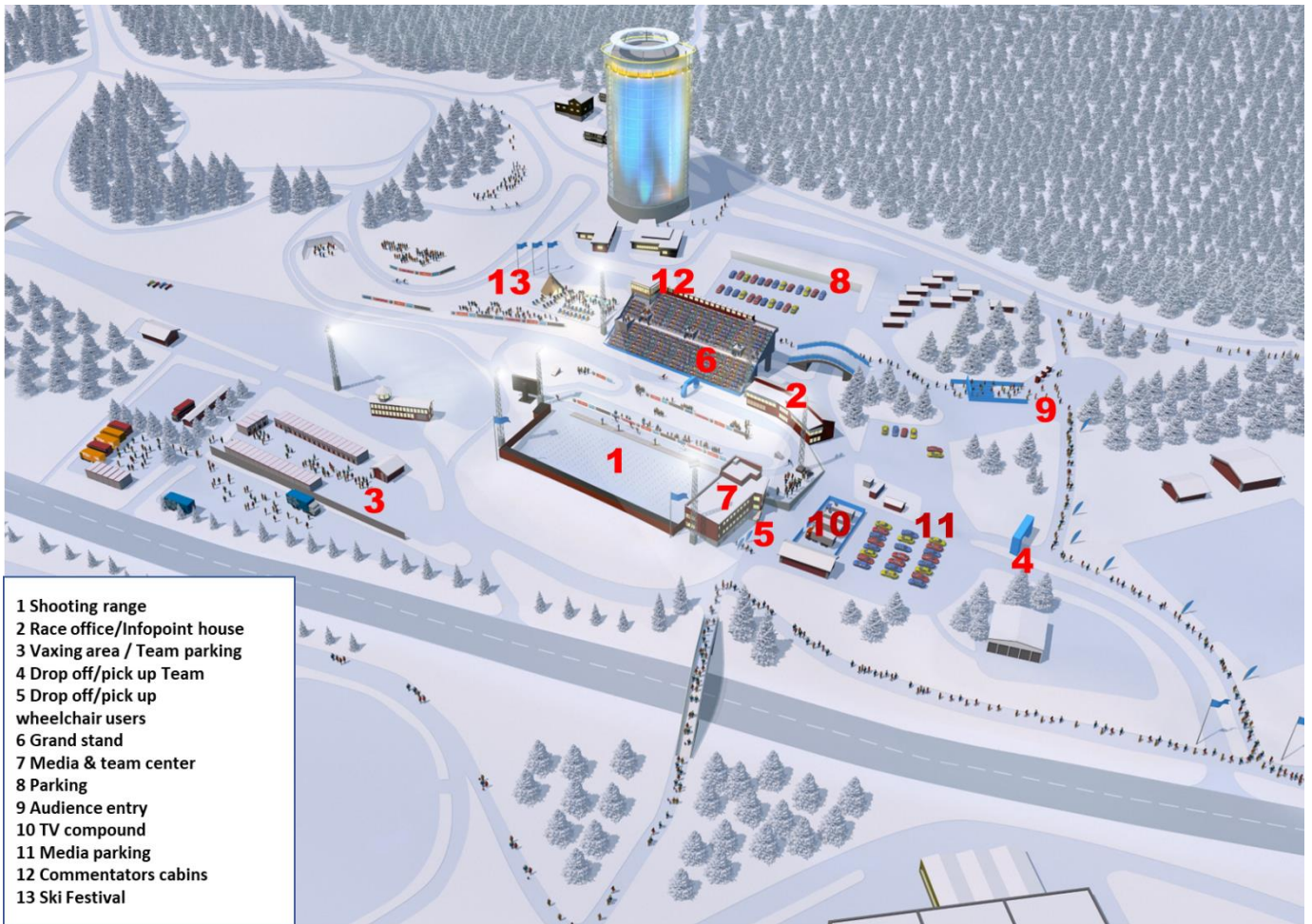
The competition main offices are located at the ski stadium in the race office/secretary house. Here you can find the race office on the first floor and the info point on the ground floor.

The teams have the possibility to rent wax cabins for a cost of 500 € /cabin during the period of 16-29 January. You can also rent a set of tables and chairs for 50 €/set, same period.

The wax cabins in a size of 15 m<sup>2</sup> are located downside the shooting range, approximately 50 meters from the ski tracks. Keys to the wax cabins will be handed out and collected at the info point.

Wax cabin reservations are made on the website [www.winterparasport.com](http://www.winterparasport.com) on a first come first served basis. Teams can also rent wax cabins on site at the race office, due to availability.

# Stadium map



# Finance & payment

## *Payment only by credit card on site*

Invoices for booked accommodation packages, participation packages and wax cabins will be sent out in December 2022. Payment deadline 11 January 2023.

Invoices for booked airport shuttles will be sent out first week of January 2023.

Payment deadline 11 January 2023 OR by credit card at the airport upon arrival to Östersund before entering the buses.

***Team payments will be confirmed by LOC at the welcome desks when you arrive to Östersund.***

***You find one welcome desk at the airport and one at the ski stadium (info point).***

***When your payments are verified, you will receive your accreditations.***

***The accreditation is a mandatory document together with the passport to be able to check-in at the hotel.***

***Payments are non-refundable.***

***Only credit cards are accepted, no invoicing or cash will be handled on site.***

Late bookings of accommodation packages, airport shuttles, wax cabin rentals etc. can be made upon request at LOC info point, due to availability.

<b>Final Payment Accommodation Package Fee</b>	<b>11.01.2023</b>	Final payment deadline for received LOC invoices. Any outstanding debts after this date must be paid by credit card upon arrival to Östersund. The accommodation fees are NOT REFUNDABLE.	
<b>Bank Account data</b>	Payments should cover bank transfer charges	Bank and Bank address	<b>Swedbank AB</b> SE-105 34 Stockholm, SWEDEN
		Account Number	9142441923
		IBAN	SE6180000890119142441923
		BIC (SWIFT)	SWEDSESS
<b>Liability</b>	The organizers do not accept liability for any injury/damage to persons/belongings.		

## *Credit cards and cash*

Any payments made on site at the ski stadium (race office and info point) and at the hotels should be made by credit card. **No cash is accepted.**



# Accreditations

The accreditation cards for the teams are handed out at the welcome desk upon arrival to Östersund, either at the airport or at the ski stadium (info point).

The accreditations will not be handed out if there are any outstanding payments left to be made.

Any payments last minute will be handled at the welcome desks at the airport or at Östersund Ski Stadium. Credit cards only.

All hotels will ask for passport and accreditation at check in.

The hotel check in will be closed until the teams has fulfilled their obligations to LOC.

The Biathlon arena is divided into different access zones, your access will be shown on your accreditation card. The accreditation card is your individual identification.

It is mandatory for everyone to wear their accreditation card when staying at the biathlon arena. There will be accreditation check points at the arena to ensure your safety, so please remember to always have your accreditation card with you, or you will be denied entry.

# Travel and transportation

## *Venue shuttle between Östersund Ski Stadium and official hotels*

LOC will organize scheduled venue shuttles for accredited delegates on official days.

The schedule will be available at the infopoint, at the hotels and published at the website [www.winterparasport.com](http://www.winterparasport.com).

The venue shuttle will operate with two kinds of vehicles, big coaches and accessible minibuses.

The coach drop off/pick up zone is located just outside the ski stadium (2 min walking distance).

The mini bus drop off/pick up zone is located just outside the team area building, an elevator ride away from the team area.

## *Parking in Östersund*

### *Ski stadium*

Parking at the Ski stadium is free of charge with valid parking permit.

Parking permits are available at the info point at the ski stadium or can be handed out upon arrival.

The team parking is located just in front of the ski stadium.

### *BW Hotel Ett*

Free parking for hotel guests due to availability

### *Hotell Östersund*

The hotel has an indoor garage for 90 SEK/24h and an outdoor garage free of charge.

Please contact the hotel directly to book and pay your parking reservations.

If you park on the street, see the section "Street parking" below.

### *Clarion Hotel Grand Östersund*

The hotel has parking spaces both indoor and outdoor.

Parking is due to availability for hotel guests and you can book in advance via the link [Link to booking](#) – before you arrive to the hotel.

You can also book by phone at the reception +46 (0)63 55 60 00.

You can also choose parking garage or street parking at the streets around the hotel, see sections below.

Parking garage "Residensgränd 13" – 2 min walking distance from Clarion Hotel Grand Östersund

Open: Monday–Friday 07.00–22.00, Saturday 09.00–22.00, Sunday 10.00–18.00

Free hight 2,05 meters.

10 SEK/hour, long term 500 SEK/month.

Street parking in Östersund – goes for both Clarion Hotel Grand Östersund and Hotell Östersund

Parking fee (5-15 SEK/hour depending on which area you park in)

- Monday-Friday 09.00-18.00 (daytime)
- Saturday 09.00-15:00 (daytime)
- Parking is free of charge outside those hours (follow the street signs)
- Date parking applies to the streets of Östersund with this sign. This means that parking is prohibited on the street side with even house numbers during even dates. The same applies to odd numbers on odd dates.



Scandic Östersund Syd

Free parking for hotel guests due to availability.

If the parking lot is full, there is a big parking lot just nearby, for a minor fee.

### Additional transport requests with LOC-taxi

If you have any other transportation needs outside the venue shuttle schedule, please contact the LOC [maria.lonnborg@parasport.se](mailto:maria.lonnborg@parasport.se) at least 48 hours before, to see if we can fulfil your requests at own cost.

### Car rental in Östersund – discount with Europcar

LOC recommends the teams to book rental vehicles with Europcar Östersund.

Send your request to [ostersund@europcar.se](mailto:ostersund@europcar.se) or via the website [www.europcar.se](http://www.europcar.se).

Use the booking code #85033451 to receive a discount of 10-20% depending on type of vehicle.

## Accommodation & meals

The official team hotels provide meals (dinner) and shuttle service to their accredited delegates.

Please always follow given instructions regarding hand sanitizer and face masks during the competition.

Lunches will be served at the ski stadium every day between 17-29 January.

Lunch includes hot dish, salad, beverage and coffee and you can choose to eat in or take away.

Dinner will be served at the hotels between 16-29 January, except 20 January when the Opening Ceremony will take place at the ski stadium in the evening.

Guests at Best Western Hotel Ett will have catered meal boxes delivered to the hotel as the restaurant is closed.

Don't forget to email any allergies or food preferences to [winterparasport@gmail.com](mailto:winterparasport@gmail.com) as soon as possible! The sooner the better for us to plan your meals.

### MEALS

<b>SKI STADIUM</b> <b>(2nd floor of the</b> <b>Team Area building)</b>	<b>LUNCH</b> <b>17–29 Jan</b> <b>11.00 - 14.00</b>	<b>DINNER</b> <b>20 Jan (Opening Ceremony)</b> <b>17.00 - 19.00</b>
<b>HOTELS</b>	<b>LUNCH</b> <b>N.A.</b>	<b>DINNER</b> <b>16-29 Jan (except Opening Ceremony)</b> <b>17.30 - 20.00</b>

# Medical, security and anti-doping Information

## *Medical services*

The LOC will do its best to guarantee the safety of all participants and first aid services for the teams during the entire duration of the Championships. Medical personnel will be present at all events at the Championships venue. According to ICR art. 221.

You will find the medical team in the Secretary house on ground floor.

## *Security*

Veronicare will be the coordinator for all safety and security during the event.

Chief of security           Veronica Westberg  
Phone                        +46 (0)73 080 55 50

## *Anti-Doping*

According to the [FIS Anti-Doping Rules](#)

# Ceremonies

## *Opening Ceremony 20<sup>th</sup> January at the SkiStadium*

The Championships will start with a spectacular outdoor opening ceremony at the Ski Stadium involving all the teams in a parade, a fire show, speeches, dance performances, talented artists and more.

Scheduled dinner will be served at the ski stadium this day.

Shuttles will be available from the hotels to dinner and back after the Ceremony.

## *Flower- and Medal Ceremonies*

Directly after each competition there will be a combined medal- and flower ceremony on site, top three athletes (including guides) will get flowers and medals.

# Media

If there will be any Team Media actions in Östersund, more information will be sent and handed out in the mailboxes. You will also find information regarding media here <https://winterparasport.com/media/>

Chief of Media   Elias Håkansson

E-mail            elias.hakansson@parasport.se

Phone            +46 (0)70 341 23 06

# Broadcasting

The competitions will be broadcasted with SVT as Host broadcaster. The number of live broadcast programs will be more than 20 hours. Alongside the live broadcast program, there will be news, magazines and highlights.

*“We are very happy that SVT will broadcast the world championships. It will help us to raise the profile of parasport and our role models, which we hope will help more people with disabilities to find the community that sport provides. It also promotes accessibility and equal opportunities for all athletes which is an important goal for us,” said Bo Sköld Secretary General Swedish Parasport Federation and Swedish Paralympic Committee.*

The competitions will also be available on the FIS homepage.

## Stella – The Star Symbol

Stella the Star Symbol - consists of 16 stars, no two stars are alike. Stella is inspired by the starry winter night sky and the idea that each athlete is a star in his or her own right, who when brought together, creates a firework of achievement.

If you look closely, each star in the symbol is unique, just like each athlete and achievement. Stella can also be used to show connectivity between seemingly different projects or activities. Stella can be used in part or as a whole, in for example background décor. It is possible to choose a particular star to mark a milestone or place on a map.

### *Hashtag*

#ostersund2023 #winterparasport



In January 21 to 29 2023 the region of Jämtland – Härjedalen, with Östersund in front, will host the Para Nordic Skiing World Championships 2023. Containing the World Champs in Para Biathlon, Para Cross Country at the same period.

The local organizing committee gladly invites all of you to make this journey with us. Hope to see all of you here at the events.

*Welcome to the county of Jämtland!*

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# Para Nordic Skiing World Championships

Östersund, Sweden | 21-29 January 2023

