

# FIS WORLD CUP TELEMARK SPRINT

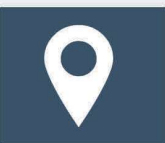
TUX | 28. + 29.11.25

## INVITATION



**Friday, 2025-11-28:**  
FIS TELEMARK sprint race

**Saturday, 2025-11-29:**  
FIS TELEMARK Worldcup Sprint



**Hintertuxer Gletscher**  
Zillertal, Tirol



**Contact:**  
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**Anmeldeschluss:**  
**09.11.2025**



## One week for all Telemark friends in TUX

After an eight-year hiatus, the opening race of the FIS Telemark Ski Worldcup will take place again this year on Saturday, November 29th 2025, on the Hintertux Glacier as part of Freeheeler Telemark Week Hintertux '25.

Previous to the FIS Telemark Worldcup and the German and Austrian championships and previous to the Freeheeler European Opening (FEO), Hintertux offers you training possibilities on the Worldcup slope from Wednesday 26th to Thursday 27th

Starting on Saturday, 22nd all teams have the opportunity to conduct their own self-organized training on the Hintertux Glacier.

For your self-organized training at the glacier please make your own reservation with link: <https://www.hintertuxergletscher.at/de/skifahren/hintertuxer-gletscher/trainingsdestination/>

Off-snow you can take part of the [www.freeheeler-campus.com](http://www.freeheeler-campus.com) from Monday 24. November to 27. November 2025

### Race program

Wed. 26. Nov. 2025	training on race slope
Thu. 27. Nov. 2025	training on race slope
Fri. 28. Nov. 2025	FIS Telemark sprint race
Sat. 29. Nov. 2025	FIS Telemark Worldcup Sprint

### FIS Worldcup price money

woman & man: 1<sup>st</sup>: 400 €, 2<sup>nd</sup>: 250 €, 3<sup>rd</sup>: 150 €, 4<sup>th</sup>: 100 €, 5<sup>th</sup>: 75 €, 6<sup>th</sup>: 50 €

race slope Hintertux, "Gefrorene Wand Ost"

### Team support – volunteers for preparation

In order to host the race, we need support from the participating teams of at least 10 volunteers from Wednesday to Saturday or alternatively financial support (we suggest 50 €/person/day).

If your team can provide volunteers from Monday and Tuesday, that would be very helpful so that you can train on the race slope earlier.

For every volunteer we provide lift tickets and lunch!

Please confirm your volunteers on the FIS ENTRY FORM Telemark, rubric: "service personnel" or direct to Alex Kessler, by whatsapp +49 171 3600700 or by e-mail [alex.kessler@dav-ueberlingen.de](mailto:alex.kessler@dav-ueberlingen.de)

Start fee for the FIS race on Friday: 35 €

Categories Friday for the FIS race:

- ICR 607.3. U18 ( 2008 and older )
- Special prices for U18 and U21/Seniors

Accommodation:

Each athlete has to take care by his own for his accommodation and skipass.

2 pcs of **free 20 € lunch voucher** for the Tuxer Fernerhaus self-service restaurant will be given to all **FIS worldcup athletes** during the bibs draw.

Registration option 1 for FIS athletes:

With the official FIS ENTRY FORM Telemark (preferential for national team registrations) download here: [www.fis-ski.com/en/inside-fis/document-library/telemark](http://www.fis-ski.com/en/inside-fis/document-library/telemark) sent to: [office@tirolerskiverband.at](mailto:office@tirolerskiverband.at) for every race

Registration option 2 for the fun class on Friday:

with google forms, link: <https://forms.gle/Qq18vCfu3LZgy6qLA>

Rules: The international ski and snowboard competition rules Regulations for telemark FIS race (TICR FIS Rules)

Payment: Tiroler Skiverband Innsbruck  
IBAN: AT54 3600 0000 0365 9000, BIC: RZTIAT22

Organizer: Tiroler Skiverband, Telemark Referent: Maximilian Loy

Chief of competition: Alexander Kessler, Telemark Club St. Johann, +49 171 3600700

FIS TD: n.n.

FIS race director: Adrian Pery, GB, +44 7802 287722

Questions: Richard Schürf, Freeheeler Magazine  
Tel & whatsapp +49 171 148 1355, [richard.schuerf@freeheeler.eu](mailto:richard.schuerf@freeheeler.eu)

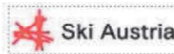
Deadline registration: Saturday 09.11.2025

**We are looking forward to your participation,  
fair competitions and a good cooperation  
at the Freeheeler European Opening!**

Herrmann Erler   Matthias Dengg   Richard Schürf   Walter Unterberg   Maximilian Loy   Alex Kessler



Find the detailed timetable at the following pages



Links <https://www.hintertuxergletscher.at/de/skifahren/hintertuxer-gletscher/trainingsdestination/>

[www.freeheeler-campus.com](http://www.freeheeler-campus.com)

[www.fis-ski.com/en/inside-fis/document-library/telemark](http://www.fis-ski.com/en/inside-fis/document-library/telemark)

<https://forms.gle/Qq18vCfu3LZgy6qLA>

Sat 23.11.2025	location	program	participants
	afternoon on snow	partial closure of the slope, slope inspection	volunteers, OC
	evening on snow	grooming the slope	ZillertalerGB
	evening on snow	snow for loom and timing plateau	ZillertalerGB

Mon 24.11.2025	location	program	participants
	daytime on snow	Freeheeler Campus on snow	all
		training course Olperer self-organized by teams	teams
		grooming loom and timing plateau (for container)	ZillertalerGB, OC
		shaping loom	volunteers
	afternoon cable car	transport race equipment by cable car to mountain station	volunteers
	on snow	setting nets, closure of the slope	volunteers
	evening TUX Center 1. fl.	Indoor presentations Freeheeler Campus	all
	night City Bar	meet & greet	all

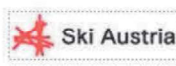
Tue 25.11.2025	location	program	participants
	daytime on snow	Freeheeler Campus on snow	all
		training course Olperer self-organized by teams	teams
		setting nets	volunteers, OC
		shaping loom, jump, start plateau	volunteers
	evening TUX Center 1. fl.	Indoor presentations Freeheeler Campus	all
	night Swings Bar	meet & greet	all

Wed 26.11.2025	location	program	participants
	daytime on snow	Freeheeler Campus on snow	all
		finishing loom, jump, start plateau	volunteers, OC
		training course Olperer self-organized by teams	teams
	afternoon on snow	Start, jump and loom inspection, test the slope	teams, OC, vols
	evening TUX Center 1. fl.	Indoor presentations Freeheeler Campus	all
	18:30	rule changing updates by Adrian Pery (RD)	teams, timing, OC, vols
	19:30	Team Captains Meeting, meet & greet, new timing crew	teams, OC
		<i>time table training Thursday (training on race slope)</i>	
		<i>update timetable Friday and Saturday</i>	
		<i>course setting Friday</i>	
	night Ratschkathl	meet & greet	all



Thu 27.11.2025	location	program	participants
	decision TCM on snow	training on WC slope, start, jump, loom, skate	teams, OC, vols
	morning cable car	timing equipment on snow	volunteers, timing
	morning on snow	install timing equipment	volunteers, timing
	afternoon	timed test racer	teams, timing, OK, vols
	19:30 TUX Center 1. fl.	Team Captains Meeting, meet & greet, new timing crew <i>update timetable Friday and Saturday</i> <i>course setting Friday an Saturday</i> <i>payment check</i> <i>category (year group) check</i> <i>bib draw (50 € deposit per team)</i>	teams, OC
	20:00 TUX Center hall	<b>big audience and presentations</b>	all
	20:30 TUX Center 1. fl.	Meeting for judges, TD, timing team, O.K. <i>rule changing updates by Adrian Pery (RD)</i> <i>distribution of tasks</i> <i>timetable for all volunteers</i>	OC, volunteers

Fri 28.11.2025	location	program	participants
	exp. 8:00 cable car	Lift open for course setting, timing-crew and staff	setter, timing, OC
	exp. 8:15	Lift open for teams and volunteers	teams, volunteers
	08:30	Lift open for guests	all
	exp. 9:15 on snow	Inspection	OK
	exp. 9:45	Jump training	teams, OC, vols
	exp. 10:30 on snow	Start 1. run FIS Telemark sprint	all
	exp. 12:00 Tuxer Fernerhaus	<b>Start Freeheeler European Opening Festival Village</b>	
	exp. 12:00 on snow	Inspection run 2	teams, OC, vols
	exp. 13:15 on snow	Start 2. run FIS Telemark sprint	all
	exp. 15:15 Tuxer Fernerhaus	<b>Price giving ceremony</b>	all
	afterwards Fernerhaus	photo shooting	teams, OC, ZillertalerGB
	19:30 Pizzeria Kl. Tenne	Team Captains Meeting, meet & greet, new timing crew <i>update timetable Saturday</i> <i>course setting Saturday</i> <i>payment check</i> <i>category (year group) check</i> <i>bib draw (50 € deposit per team)</i>	teams
	20:30 Pizzeria Kl. Tenne	Meeting for judges, TD, timing team, O.K.	OC, volunteers
	night Bergfried Alm	meet & greet	all

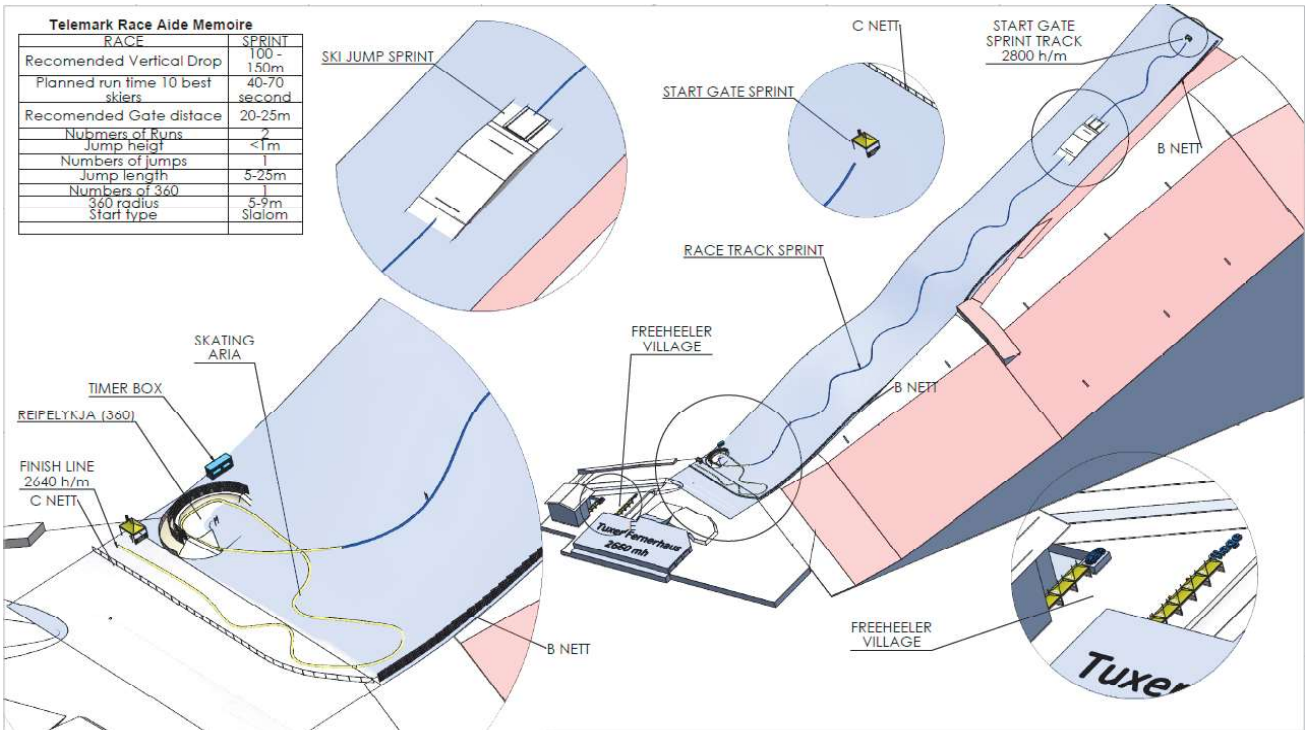


Sat 29.11.2025	location	program	participants
exp. 8:00	cable car	Lift open for course setting, timing-crew and staff	setter, timing, OC
exp. 8:15		Lift open for teams and volunteers	teams, volunteers
08:30		Lift open for guests	all
exp. 9:00	Fernerhaus	Start Freeheeler European Opening Festival Village	
exp. 9:15	on snow	Inspection	OC
exp. 9:45	on snow	Jump training	teams, OC, vols
exp. 10:30	on snow	Start 1. run Women's FIS Worldcup Telemark sprint	all
afterwards	on snow	Start 1. run Women's National Telemark Championship 2025 (DE & AT)	all
afterwards	on snow	Start 1. run Men's FIS Worldcup Telemark sprint	all
afterwards	on snow	Start 1. run Men's National Telemark Championship 2025 (DE & AT)	all
exp. 12:00	on snow	Inspection run 2	teams, OC, vols
exp. 13:00	on snow	Start 2. run Women's FIS Worldcup Telemark sprint	all
afterwards	on snow	Start 2. run Women's National Telemark Championship 2025 (DE & AT)	all
afterwards	on snow	Start 2. run Mens FIS Worldcup Telemark sprint	all
afterwards	on snow	Start 2. run Men's National Telemark Championship 2025 (DE & AT)	all
exp. 15:15	Fernerhaus	Price giving ceremony FIS Telemark Worldcup 2025 <i>top 5 women, top 5 men</i>	all
afterwards	Fernerhaus	Price giving ceremony Austrian Championships 2025 <i>category women</i> <i>category men</i>	all
afterwards	Fernerhaus	Price giving ceremony German Championships 2025 <i>category U18 women</i> <i>category U18 men</i> <i>category elite women</i> <i>category elite men</i>	all
19:30	Pizzeria Kl. Tenne  <i>side room</i> <i>2. floor</i>	Feedback talk invited  <i>team captains</i> <i>local tourist office</i> <i>cable car comp</i> <i>and OCside room, second floor, Lanersbach</i>	OC, TC
20:00	Disco Kl. Tenne	Freeheeler Social "Bar & Disco"	
20:15	Disco Kl. Tenne	FIS Telemark Worldcup 2025 Winners Party	all
Sun 30.11.2025	location	program	participants
exp. 8:15	cable car	Lift open for volunteers	teams, volunteers
08:30		Lift open for guests	all
exp. 9:00	Fernerhaus	Start Freeheeler European Opening Festival Village	
	on snow	Freeheeler photographers on tour to take a picture of your ride	



**Telemark Race Aide Memoire**

RACE	SPRINT
Recommended Vertical Drop	100 - 150m
Planned run time 10 best skiers	40-70 second
Recommended Gate distance	20-25m
Numbers of Runs	2
Jump height	<1m
Numbers of jumps	1
Jump length	5-25m
Numbers of 360	1
360 radius	5-9m
Start type	Slalom



HAPPY RACE TO ALL!

